



A guide for parents and carers

Aiming

If the child will be standing to use the toilet, learning to aim into the toilet is an important skill. It often needs to be taught and reinforced from the start of toilet training.

TOP TIPS



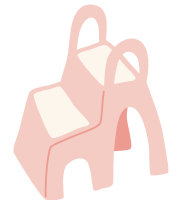
Toilet training stickers that are designed to go inside the toilet bowl, can be a helpful visual target for boys to aim at.



Alternatively, you could try using a single 'cheerio' or other breakfast cereal. This could be placed in the toilet bowl to act as a target. This will flush away once finished with.



If your child isn't tall, a step may be useful. This is because their legs may be too short to enable them to aim in a downwards direction.



Teach your child to direct their penis downwards before and during urination.



Teach your child to clean up any small mess and spillages they may make whilst they are still learning. This then becomes part of the routine.



Your child may not be quite ready to stand up to use the toilet. You could start by encouraging them to sit down to use the toilet at first. It may be helpful to use a step or toilet ladder to increase their independence with toileting.

