

SUCCESSFUL START TO SECONDARY: INTERVENTION SESSION

Focus

Using a timetable



Related Reading

- Colour- Coding
- How to make your child's secondary timetable accessible

Resources

- Printed Black and white timetable
- Printed Colour-coded timetable
- Colouring pencils/pens

During the Session...

Discussion points:

- It is important that you check your timetable as it will tell you things such as:
 - > Which lesson you have
 - > Which room the lesson will be in
 - > Which teacher will take the lesson
 - > What time the lessons starts and ends
 - > What equipment you might need e.g. PE kit, cooking ingredients
 - > You will need to change classrooms throughout the day and get to each lesson on time.
 - If you don't have a watch, it would be helpful to buy one. Watches with alarms can remind you of important times throughout the day.

Activity 1:

- Give students a copy of the black and white timetable and asked the following questions:



Find all of the Science Lessons.
How Many are there?

- Give students a copy of the coloured timetable and are asked to find them again.



Which timetable was easier?
Could this help you with organisation?

Activity 2:

- Try to colour code your own timetable.

Discussion points:

- Colour-coding helps with memory
- You could colour-code your books and equipment too to make packing your bag easier.

Black and White example Timetable

Day	Tutor Time	1	2	Break	3	4	Lunch	5	6
Monday	Tutor Time	Science	English		Design Tec	Geography		Maths	Maths
Tuesday	Tutor Time	English	History		Science	Science		Art	Music
Wednesday	Tutor Time	History	RE		Spanish	PE		English	Maths
Thursday	Tutor Time	Drama	Geography		English	Computing		Maths	Science
Friday	Tutor Time	English	PE		Design Tec	Maths		Science	Science

Colour-coded example Timetable

Day	Tutor Time	1	2	Break	3	4	Lunch	5	6
Monday	Tutor Time	Spanish	English		Design Tec	Geography		Maths	Maths
Tuesday	Tutor Time	English	History		Science	Science		Art	Music
Wednesday	Tutor Time	History	RE		Spanish	PE		English	Maths
Thursday	Tutor Time	Drama	Geography		English	Computing		Maths	Science
Friday	Tutor Time	English	PE		Design Tec	Maths		Science	Science