A guide for young people



Getting to School



You may be thinking about your new journey to school. It could be the first time you have travelled to school on your own, you might have a longer journey or be using public transport for the first time.









Looking at Local street maps/Google Maps

Find your street and your school and work out how many routes you could take and what may be the best route in terms of distance, ease and cost.



Bus Timetables

Make up a scenario with a timescale and see if you can plan a route and then carry it out with someone you know. Try the same with your journey to school.



TFL Journey Planner



First Bus App



Moovit App

Finding <u>landmarks</u> on your journey can help you to remember your route.

These are places or things you would see on your journey that are <u>easy to recognise and remember</u>. For example, key landmarks might include bus stops, parks, shops, buildings that stand out by colour or shape.



If you will be walking to school, you could start by finding out who else is walking the same route as you, and agree a meeting point.

If you will be walking on your own, you could grade the journey, so you start off walking with family and then walk the rest of the way. This can help to build up your confidence while you are still remembering the route.